

The Fast of Daniel Purpose – Day 18

Imagine this: you get to the airport, put \$500 at the desk of an airliner and say to the attendant: "One ticket please." The attendant asks: "To where?" and you answer: "Who cares, I'm very busy, just sell me the ticket."

What would happen?

Eventually, the attendant would call security; who would come to remove you from the airport, and probably take you to a psyche ward.

Crazy? Funny?

But it's exactly the way that some people live their lives: without goals, objectives, a destination. They're going, walking, but they don't know where. Like the cat in Alice in Wonderland said: "If you don't know where you're going, any road will get you there."

Goals stimulate conquests. If you don't have any goals you will probably lose time, resources and opportunities.

So your task for today is to write goals for the five areas of your life – goals that have a defined deadline of when you should accomplish them. It can be, for example, until the end of 2013 or a year from now. These goals should be specific, calculable, reachable, and be goals with deadlines, which are important to you.

Keep these goals in a place that you can see daily.

See you tomorrow!

Goals provide the energy source that powers our lives. One of the best ways we can get the most from the energy we have is to focus it. That is what goals can do for us; concentrate our energy. – Denis Waitley

Fast of Daniel	Day 9	Done ✓
Spiritual	Write your spiritual goal	
Health	Write your health goal	
Relationships	Write your relationship goal	
Finances	Write your financial goal	
Personal Growth	Write your goal for personal growth	

OBS: Your goals should be specific, calculable, reachable, have deadlines, and be important to you.

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