

The Fast of Daniel Purpose – Day 21

To all of you who have persevered in this purpose, congratulations, you are dedicated to experiencing growth in your life and really become better.

You who didn't do some of the tasks, jumped some, failed in this or that, don't punish yourself (I also failed in some.) At least you persevered.

But the best news is here.

Today, instead of giving you new tasks, I ask that you do a recap of the tasks given from the first day up to yesterday. This will be your task for today.

Re-read them one by one, and see which ones you completed successfully. Put a \checkmark next to them. Congratulate yourself on the ones you did. And next to the tasks that you didn't do, but could still do, write an X. Re-write the task on another sheet of paper, and in the next seven days, go and do them all. (The tasks that don't relate to you, you don't have to do.)

Another thing: look over the goals that you wrote for some of the tasks. Have them in a visible place that you can see every day. Turn these goals into projects – in other words, break them down into smaller steps to reach them. Reaching a goal that will take 6 months, for example, will probably need daily actions or weekly ones. So, work with the end in mind, define the steps required to reach the desired deadline.

Reflect and act

I hope these 21 days have brought you to some positive conclusions, and have awoken you to take this road of greater productivity and self-discipline. If you pay more attention to these five areas, which we focused on in this purpose, and always do something about them, they will have better results in your life. So, why stop?

I suggest you take the following steps:

1. Continue visiting this blog daily. If you prefer you can subscribe by registering your e-mail and receive notifications in your inbox every time that we post a new message.
2. Leave your comments at the end of this page telling us of your experience doing the tasks in this purpose. Tell us what helped you specifically. What was the most difficult? What opened your mind? What challenged you? What tasks you liked to do? Which you didn't like? Basically give us some feedback.
3. Download these tasks to your computer.
4. Never stop improving. If you're not getting better, you're getting worse. One of my objectives in this blog is to challenge you to turn into a better person, in everything, using your spiritual intelligence.

Thanks for your constant visits. I thank everyone who has left comments as well. You are very special to me. (Even you who don't leave comments. I know you're there...)

Until our next purpose of faith, which will hopefully be soon!

| Fast of Daniel | Day 21 | Done ✓ |
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| Task 1 | Recap tasks day 1 to 20; check off the ones completed with a ✓ and those not done mark with an X; re-write the ones not done (which you can still do) on a piece of paper, and start to act upon them now, until you complete all of them | |
| Task 2 | Keep all the goals you made during this purpose written on a paper or agenda, put them in a place where you can see them daily; start to plan out steps on how you will reach them | |