

Fast of Daniel Purpose - Day 5

Congratulations to those who are still in this purpose. You are perseverant and will be rewarded.

Today we are going to use our head a great deal. Think, meditate, consider, plan, and then take actions.

There are people who are toxic to us. They don't add anything, they just fill us with doubts and confusion, and they don't want our good as they say. Just like the Lord Jesus advised his disciples to steer clear from the yeast of the Pharisees, in today's task identify that type of person in your life, and cut off connections to them. Trust me, you won't be lose out on anything.

Financially, you're going to use the power of your imagination (a ramification of the power of faith.) Imagine with details how you want your professional life to be, your business, what you conquer, your finances, and your generosity towards others, 12 months from now. Have a fixed image in your mind. Travel there in spirit. See everything materialized through the eyes of faith. And don't forget what you saw.

Speaking different languages is like a passport to new opportunities. But, if different languages are not your thing, learn to communicate better in your language; this will also open a lot of doors. Consider this investment.

Finally, after burning so many neurons, your last task is to sleep at least 7 hours. Who would have thought that sleep had to become a task now-a-days... Yeah, there's a lot to do, but we can't forget to regain our strength.

Until tomorrow!

Fast of Daniel		Day 5	Done ✓
Spiritual	Read the message of the day from www.bispomacedo.com.br/en/		
Health	Re-arrange your schedule so you can sleep at least 7 hours: the rest you so need		
Relationships	Identify any friendships that are bad or contacts which are a bad influence, and cut off connections to them		
Finances	Take 5-10 minutes to think about where you want to be a year from now financially		
Personal Growth	Consider how many opportunities would open up if you learn another language or even if you improve your English; decide what you'll do about this		